



A day in the life of...

Meet Lindsay Nicholls

Highly Specialist Speech and Language
Therapist – Head and Neck Oncology and
Ear Nose and Throat (ENT)/Voice



My career as a Speech and Language Therapist started in Galveston, Texas, in 2014, following the completion of my Master's degree.

I moved to the UK from the USA in 2019, and joined the Speech and Language team at MTW. I now work across both hospital sites as a highly specialist Speech and Language Therapist within the specialties of Head and Neck Oncology and ENT disorders.

There is thankfully no 'typical' day in my role – I love the variety! I'm lucky to be involved in a number of different clinics. These include: outpatient assessment and treatment of patients with voice disorders; a videostroboscopy clinic alongside my ENT consultant colleagues (the Joint Voice Clinic); a multidisciplinary clinic for patients actively undergoing radiotherapy for head and neck cancer; videofluoroscopy and Fiberoptic Endoscopic Evaluation of Swallowing (FEES) clinics, and an outpatient rehabilitation clinic for oncology patients with speech, swallowing, and voice disorders, including Surgical Voice Restoration (SVR) changes for laryngectomy patients. I also provide support to the acute care team as needed.

There are so many things to love about my role! First and foremost, I am so thankful for my wonderful and supportive colleagues who are passionate about providing the best possible care for our patients, while making each day fun and enjoyable! I love the diversity of my role and the opportunity to work jointly across a variety of disciplines including ENT and oncology consultants, radiographers, radiologists, clinical nurse specialists, and dietitians to name but a few!

There are excellent career progression opportunities at the Trust. I was recently promoted to a band 7 role and am excited to be participating in growing our speciality services and supporting staff with supervision and training.

My favourite thing about working at MTW is the emphasis on a comprehensive and multidisciplinary approach to patient care. By working together as a team, not only are the patients better supported, but so are we as employees. I believe this is the best model of patient care and I'm pleased that this approach is supported and so well executed within the Trust.

Are you a talented Speech and Language Therapist? Want to progress your career and help deliver outstanding care to our patients? Please come and join us, we can't wait to meet you!