

Ref: FOI/GS/ID 9011

Please reply to:
FOI Administrator
Trust Management
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Email: mtw-tr.foiadmin@nhs.net
www.mtw.nhs.uk

11 April 2024

Freedom of Information Act 2000

I am writing in response to your request for information made under the Freedom of Information Act 2000 in relation to Long Covid clinics.

You asked: All questions are shown as received by the Trust.

- 1. Do you have a specialist service for long Covid patients within your trust?
Please name the clinic/service*
- 2. How many patients in your local NHS area have been referred to the clinic/service to date? Please break down by year to date i.e. 12 months to this date in 2024 and then each of the previous 12 months back to the start of the service*
- 3. Is the service physician-led?*
- 4. Please provide figures for how many patients referred to the clinic/service received the following type of treatment in-house:*
 - a. physical rehabilitation – please give details*
 - b. Graded exercise therapy*
 - c. CBT or other psychological intervention – please state whether this is to cope with symptoms or with a view to improving/treating them*
 - d. Advice on pacing*
 - e. A brain retraining or Neuro Linguistic Programming-based course such as the Lightning Process, Gupta Programme or Nuffield programme (please specify which)*
 - f. drug treatment*
 - g. other, please specify*
- 5. Does the service have the ability to prescribe medications to long Covid patients for symptoms where appropriate?*
- 6. If so, please list the 3 most common drugs prescribed for long Covid patients by the clinic, with numbers of prescriptions if possible*
- 7. Does the service have the ability to order diagnostic tests and scans?*

8. If so please list the 3 most commonly ordered tests/scans/diagnostic questionnaires for long Covid patients by the clinic
9. If not provided in-house, which of the following types of services does the clinic/service refer patients onto or recommend?
- a. physical rehabilitation – please give details
 - b. Graded exercise therapy
 - c. CBT or other psychological intervention – please state whether this is to cope with symptoms or with a view to improving/treating them
 - d. Advice on pacing
 - e. A brain retraining or Neuro Linguistic Programming-based course such as the Lightning Process, Gupta Programme or Nuffield programme (please specify which)
 - f. drug treatment
 - g. other, please specify
10. How many staff do you have working in the service FTE (full time equivalent) broken down by job title of:
- a. doctor
 - b. nurse
 - c. physiotherapist
 - d. occupational therapist
 - e. clinical psychologist/ CBT practitioner / psychotherapist/counsellor
 - f. other, please specify
11. For any doctors employed, please specify their specialism e.g. GP, cardiologist, neurologist, psychiatrist
11. Is the clinic expected to continue running after 2025?

Trust response:

Under Section 21 of the Act we are not required to provide information in response to a request if the information is already reasonably accessible to you. The information you requested is available from the trust website WWW.MTW.NHS.UK Please enter long Covid clinics into the search box and the response will be shown.

Alternatively, please use the following link: <https://www.mtw.nhs.uk/wp-content/uploads/2022/08/Long-Covid-clinics.160822.pdf>