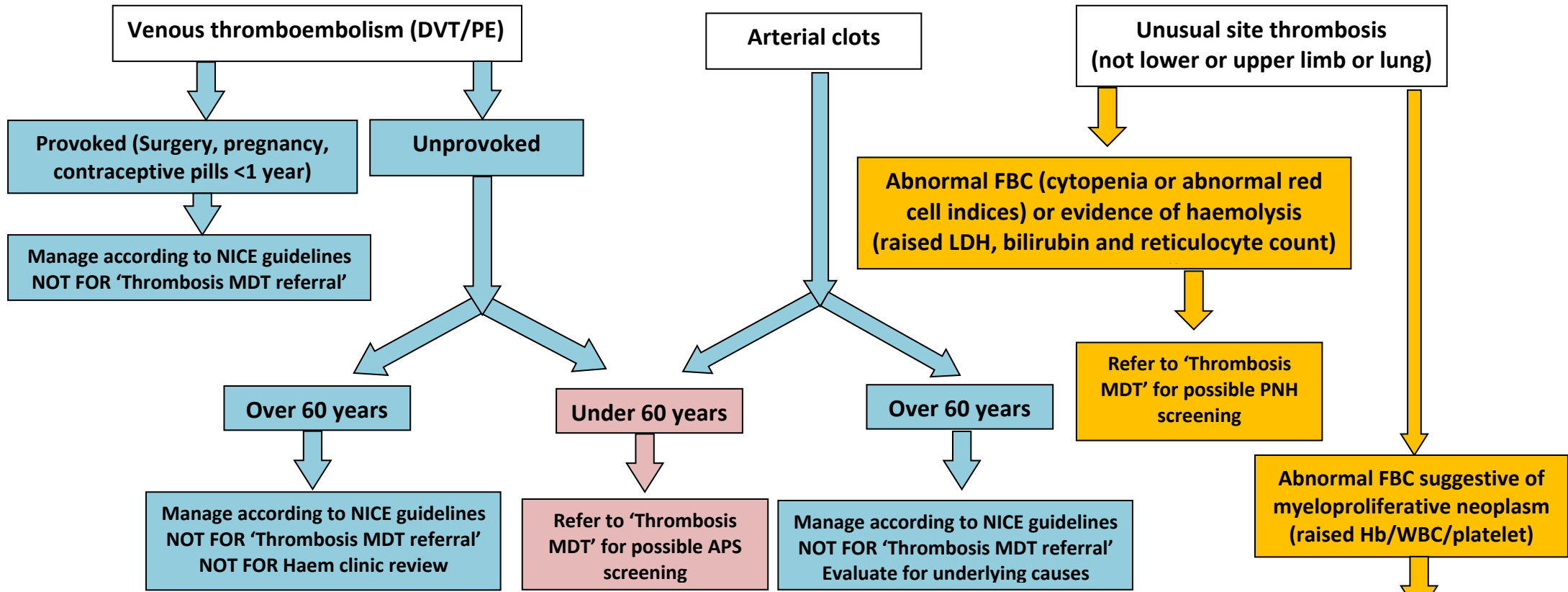


# Guidelines for thrombophilia testing



**Criteria for patients suitable to be referred to the Thrombosis clinic/MDT are those over the age of 16 years with a known or suspected diagnosis of:**

- Recurrent Venous Thromboembolism (VTE) whilst on anticoagulation
- Women of child-bearing age with VTE including those provoked by oestrogen contraception
- Heparin Induced Thrombosis and Thrombocytopenia (HITT)
- Stroke patient at request of Stroke physicians
- Unprovoked VTE under <60y or Unexplained arterial clot <60y
- VTE at unusual sites
- High risk thrombophilia (PS/PC/AT deficiencies or combined heterozygosity of PT gene mutation or FVL or homozygosity of these mutations)
- Antiphospholipid syndrome (APLS)
- Where there is uncertainty around provoking factors

**Please note there is a separate Obstetric clinic held on 3<sup>rd</sup> Wednesday of each month for referral of women who have a thrombosis in current pregnancy or with a previous thrombosis/high risk thrombophilia who are pregnant. Please refer to obstetric team.**

**GP to refer Thrombosis Clinic for outpatient Medical team to refer 'Thrombosis MDT' for inpatient**